

QUICK, DELICIOUS PAN-FRIED FISH

- 2 T. cooking oil
- 2 T. butter or margarine
- Heat in skillet just until bubbly.
- 3 C. self-rising white corn meal
- 1 t. salt
- 1 t. pepper

Mix above three ingredients in paper or plastic bag. Place serving size pieces of fish fillets (one or two at a time) in bag and shake carefully to coat. Brown fillets in skillet until golden brown and crispy on each side (two to three minutes each side). Don't overcook!

Optional Lemon-Butter Sauce

- 1 C. butter or margarine
- Juice of one lemon
- Sprinkle of salt
- 1 T. minced parsley

Combine all ingredients, then pour over hot fish. Serve immediately.



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1. YOUGHIOGHENY RECREATION AREA
Above dam — boat launching ramp, picnicking, concessionaire
Below dam — camping, fishing, picnicking
2. SOMERFIELD RECREATION AREA
boat launching ramp, marina, picnicking
3. UNIONTOWN Y.M.C.A. CAMP
4. MILL RUN RECREATION AREA
camping, fishing, picnicking
5. JOCKEY HOLLOW RECREATION AREA
picnicking
6. JOCKEY HOLLOW BOAT LAUNCHING AREA
(State of Pa.) developed and operated by the Pennsylvania Fish Commission
7. TUB RUN RECREATION AREA
camping, fishing

